



Contact: Kate Wilson
931.486.9037
director@rippavilla.org
www.rippavilla.org

FOR IMMEDIATE RELEASE
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Rippavilla, Spring Hill Parks & Rec. host annual family-friendly mud run Aug. 4

SPRING HILL — Rippavilla, Inc. and Spring Hill Parks & Recreation are teaming up for a third consecutive year to host Rippin' Run, a family friendly 5K mud run on the grounds of the historic Rippavilla property. The event begins at 7 a.m. Saturday, Aug. 4, with ticket sales benefiting two great causes: Rippavilla Plantation and the American Cancer Society.

Rippin' Run is complete with obstacles and fun for all ages. Spanning a portion of the historic property of Rippavilla Plantation, participants will get to run either a 5K with obstacles and a mudslide, or a 1-mile muddy fun run. Rippavilla Plantation and Spring Hill Parks & Recreation are collaborating on this event to promote healthy living and community in the Spring Hill area.

Sign-in begins at 7 a.m. The 5K obstacle course commences at 8 a.m. with the 1-mile Fun Run to kick off at 9 a.m. "Messy" games and entertainment are available from 8 to 11 a.m.

The event will be held at 5700 Main St., in Spring Hill. Admission to Rippin' Run is \$30 for adults, and \$15 for children ages 12 and under. Tickets may be purchased at the door, but runners who pre-register online will receive a free T-shirt.

This event is sponsored by Vanderbilt-Ingram Cancer Center at Maury Regional Spring Hill.

For more information, please visit <https://www.rippavilla.org/rip-n-run>.

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Rippavilla Plantation, located in the heart of Spring Hill, Tennessee, features a stunning 1850s Greek Revival mansion, built by Nathaniel and Susan Cheairs. It is complete with original family antiques, heirlooms and Civil War artifacts. The grounds, which span 98 acres, include an original 1856 barn, original cemeteries, Freeman's Bureau school house, original enslaved people's quarters, the Battlefield of Spring Hill (precursor to the famous Battle of Franklin) and a gift shop. Rippavilla Plantation is open daily for guided tours, field trips and family outings, and is the venue for many popular events.

Rippavilla Plantation, listed on the National Register for Historic Places, is currently maintained and operated by Rippavilla, Inc., a non-profit 501(c)3 organization. All proceeds from the event go towards the continued operation and preservation of this historic site.